

# Health Care Provider Fact Sheet

## Disease Name

## Trifunctional protein deficiency

**Alternate name(s)**  
**Acronym**

N/A  
LCHADD/TFP

**Disease Classification**

Fatty Acid Oxidation Disorder

**Variants**

Yes

**Variant name**  
**Symptom onset**  
**Symptoms**

Mitochondrial trifunctional protein deficiency  
Neonatal, infancy  
Hypoketotic hypoglycemia, hypotonia, cardiomyopathy, hepatic disease, peripheral neuropathy and pigmentary retinopathy, rhabdomyolysis, sudden death

**Natural history without treatment**

Possible developmental delay due to damage from hypoglycemic episodes, possible death due to cardiomyopathy or hepatic failure.

**Natural history with treatment**

Intelligence is usually normal if there is no damage due to hypoglycemic crisis. Peripheral neuropathy, if present, may not improve with treatment.

**Treatment**

Avoidance of fasting, use of uncooked starch, MCT treatments, carnitine supplementation, DHA supplementation (may prevent retinopathy, but this has not been proven)

**Other**

Maternal complications in pregnancy include acute fatty liver of pregnancy, HELLP syndrome, and pre-eclampsia

**Emergency Medical Treatment**

See sheet from American College of Medical Genetics (attached) or for more information, go to website: <http://www.acmg.net/StaticContent/ACT/C16-OH.pdf>

**Physical phenotype**

Hypotonia, cardiomyopathy and possible retinal changes

**Inheritance**

Autosomal recessive

**General population incidence**

Rare

**Ethnic differences**

Yes

**Population**

Finnish

**Ethnic incidence**

1:240 carrier rate for common mutation G1528C in Finland

**Enzyme location**

Inner mitochondrial membrane, liver, heart, fibroblasts

**Enzyme Function**

Metabolizes long chain fatty acids (C-12 to C-16 in length)

**Missing Enzyme**

Long-chain 3-hydroxyacyl-CoA dehydrogenase or mitochondrial trifunctional protein

**Metabolite changes**

Increased 3-hydroxydicarboxylic acids in urine, increased saturated and unsaturated 3-hydroxy organic acids, possible elevated CPK during acute illness.

**Prenatal testing**

Enzyme analysis, protein analysis and direct DNA (when applicable).

**MS/MS Profile**

C18:OH, C16:1OH, C16OH

**OMIM Link**

<http://www.ncbi.nlm.nih.gov/entrez/dispomim.cgi?id=600890>

**Genetests Link**

[www.genetests.org](http://www.genetests.org)

**Support Group**

FOD Family Support Group  
<http://www.fodsupport.org>  
Save Babies through Screening Foundation  
<http://www.savebabies.org>

Genetic Alliance  
<http://www.geneticalliance.org>

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